

SUBSTANCE ABUSE: PROGRAMS AND ASSISTANCE

(Available on-line at <http://deanofstudents.uncg.edu/>)

This policy was accurate as of the date printed. For the most current revisions to this policy refer to the Web site referenced above.

DIVISION OF STUDENT AFFAIRS, UNIVERSITY OF NORTH CAROLINA AT GREENSBORO

This section is designed to provide you with current information about Substance Abuse services and programs on our campus. A brief summary of both alcohol and drug policies, a synopsis of available services, and some tips on how you can help a friend whom you suspect has a substance abuse problem are included.

SYMPTOMS OF SUBSTANCE ABUSE

If you observe the following behaviors often associated with people who have substance abuse problems, in yourself or your friends, you should seek help from resources listed in this section.

- excessive/unusual absences from or tardiness to class or work
- changes in sleeping patterns
- apparent difficulty concentrating or following instructions
- attendance at class or work while intoxicated or high
- drinking or using drugs on a daily basis
- judicial/conduct problems related to substance abuse
- passing out or unconsciousness as a result of drinking or using drugs
- forgetfulness as it relates to routine activities
- drinking in the morning hours
- loss of balance or coordination
- slurred speech and staggering
- loss of interest in class work
- mood swings
- reduced ability to attend to details
- loss of appetite and poor eating habits
- lessened concern about personal grooming
- preoccupation with means of getting "high"

POLICY ON ALCOHOL

University policies concerning the possession and consumption of alcoholic beverages do not contravene federal, state, or municipal law regarding their purchase.

N.C. Alcoholic Beverage Control Laws make it unlawful for any person under twenty-one (21) years of age to purchase, possess, or consume any alcoholic beverage.

Specific alcohol policy information may be found in the *Student Alcohol Policy*.

POLICY ON ILLEGAL DRUGS

The University of North Carolina at Greensboro seeks to maintain an environment that supports the pursuit and dissemination of knowledge. All members of the academic community - students, faculty, and the staff members - share responsibility for protecting the academic environment by exemplifying high standards of professional and personal conduct. Use of illegal drugs by any member of the community interferes with the activities through which the goals of the University can be realized. Therefore, such practices will not be tolerated. The University will take all actions necessary, consistent with the law and University policy, to eliminate the use of illegal drugs from the University community.

This policy has been developed in accord with *The University of North Carolina Policy on Illegal Drugs*, adopted by the Board of Governors January 15, 1988. It establishes the framework for programs designed to educate the campus community on the harmful effects of illegal substances and to assist afflicted persons in their efforts to become rehabilitated. It also provides guidance for sanctioning violators.

APPLICABILITY. This policy is applicable to the following: students, faculty, senior administrative officers, non-faculty EPA employees (non-faculty personnel whose employment is exempt from the State Personnel Act), and SPA employees (staff personnel whose employment is subject to the State Personnel Act).

NOTICE. Article 5 of Chapter 90 of the North Carolina General Statutes makes it a crime to possess, sell, deliver, or manufacture those drugs designated collectively as "controlled substances." All members of the University community are expected to know these laws. The North Carolina General Statutes are readily available in the Library.

CONDUCT OCCURRING BEYOND CAMPUS BOUNDARIES

Alleged conduct involving the illegal use of drugs occurring beyond the boundaries of the campus may be considered harmful to the University. The Assistant Dean of Students in the Division of Student Affairs will initiate conduct action when these minimal conditions are present: (1) such alleged conduct occurs during a period in which the student is actively enrolled as a student at the University; and (2) such alleged conduct has resulted in the felony-level charge of possession/trafficking made by a civil authority. Other conduct occurring beyond the campus may also be actionable under the *Policy on Illegal Drugs*, depending on the circumstances.

CONDUCT OCCURRING WITHIN CAMPUS BOUNDARIES

Alleged conduct involving illegal use of drugs which occurs within the boundaries of the campus will normally be considered harmful to the University. Conduct action under the *Policy* will be initiated according to the following procedures:

An administrative officer, including any member of the Residence Life staff, who discovers a student engaged in illegal conduct involving drugs, will immediately inform the student that such conduct is prohibited under the disciplinary regulations and contact University Police. The officer will report the incident to the appropriate University office, as follows, for consideration of whether disciplinary action under the *Policy* should be taken:

A member of the Residence Life staff who encounters such conduct will report the matter to the immediate supervisor, who will inform the Associate Director of Housing and Residence Life. The Associate Director will report the facts of the incident to the Assistant Dean of Students for a decision on whether conduct proceedings should be initiated.

All other University personnel encountering instances of conduct involving illegal drugs will make reports to the Assistant Dean of Students for disciplinary action.

The report of drug-related behavior to the Assistant Dean of Students may be accompanied by an explanation of mitigating factors. Such mitigating factors may include, but are not limited to, the isolated or singular character of the incident as evidenced by a student's unusual conduct in comparison with what is known to be his/her normal behavior, and the absence of prior reports of similar acts by such student.

The Assistant Dean of Students will consider action under the *Policy* in consultation, as necessary, with other officers of the University. In making each decision, the Assistant Dean of Students will consider all relevant circumstances, including reports, if any, of mitigating factors.

Charges will be made and hearings will be held in accord with the *Student Code of Conduct*.

HOW CAN YOU HELP A FRIEND WHOM YOU SUSPECT HAS A SUBSTANCE ABUSE PROBLEM?

- Show your concern for your friend and express how you feel about what you are seeing.
- Be considerate of your friend's privacy; choose a time and place that is away from other people when you choose to have a conversation about the issue.
- Recognize that your friend may not realize that there is a problem, or your friend may become defensive and even deny that such a problem exists.
- Share with your friend the resources that are available on campus to help or support students with substance abuse problems or concerns. Make sure your friend knows where he/she can get this assistance.
- Support your friends, but don't protect them from the consequences of their behavior. Help them understand what those consequences are before it is too late.
- Support your friend once he/she has recognized that there is a problem. Stick by when times are tough.
- Do not feel that you must accept responsibility for your friend's behavior.
- Try to avoid putting yourself in a position in which you are invited to drink alcohol or use drugs with your friend. That invitation may be a means of testing your credibility and sincerity.

SUBSTANCE ABUSE SERVICES

Counseling Services

(Counseling and Testing Center, 1605 Spring Garden Street)

334-5874

- Individual counseling for students who are coping with substance abuse problems
- Support for students who have friends and/or family members experiencing problems due to alcohol and/or drug use
- Referrals to agencies providing appropriate treatment

Prevention Services

(Student Health Services, 1605 Spring Garden Street)

334-5340

- Education programs on alcohol and drugs
- Alcohol and Drug Awareness Weeks
- Resource library (videotapes, pamphlets, etc.)

Educational programs and workshops on alcohol and drugs

(Residence Life)

334-5636

Medical Services

(Student Health Service, Gove Student Health Center)

334-5340

- Primary medical care to support students who have physical problems associated with substance abuse

Administrative Liaison

(Student Affairs)

334-5099

- Information regarding drug and alcohol policies and issues related to enforcement